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Anything you give your attention to, expands.

A Good morning.

Guests: Good morning.

A We are extremely pleased that you are here. It is good to come together for the purpose of co-creating. Do you agree?

Guests: Yes.

A You are knowing what you are wanting?

Guests: Yes.

A You are understanding that you are Creator? You are understanding that it is by virtue of your vibration that you attract? Are you beginning to notice, or are you coming to know, that in all moments that you are consciously focused that you are offering a vibration that is actually discernible by others that vibrate? Are you understanding that there is a powerful *Law of Attraction* that does all of the sorting of that? In other words, as you offer your vibration, whether you do it deliberately or indeliberately, your vibration is being responded to by All-That-Is all and *Law of Attraction* sorts it out? Are you coming to understand that what Deliberate Creating is is deliberately offering your vibration? And do you know that you can deliberately offer your vibration?

Most physical humans that you may be observing around you are not deliberately offering their vibration. Instead, they are offering their vibration because it is coming forth as a natural response—a sort of knee-jerk reaction to things that they are observing. So if they are observing something that is pleasing to them, as they give their attention to them, this pleasing

thing is then reflected in their vibration. So their point of attraction is positively affected by this thing that they are giving their attention to. But if they are giving their attention to something that is not pleasing to them, still it is reflected in their vibration. Still it becomes part of their point of attraction. Still they are then creating something that they do not want and usually they do not even know that they are doing it. Usually they blame whatever it is that they are observing.

What we are wanting to bring you to a place of understanding is that under any and all conditions, *you can set your Vibrational Tone to reflect that which you would like to receive back*. There is a formula that makes it all very simple to understand, and it goes like this. *What I think and what I feel and what I receive back in physical manifestation are always a Vibrational Match*.

So sometimes, when we gather together to talk about Deliberate Creation, which really means to talk about deliberate vibration or to talk about deliberate projection of the vibrational Energy that *Law of Attraction* responds to—when we talk to people about deliberately offering their vibration, most people are not aware enough of vibrations to believe that they can ever deliberately offer their vibration. Even though you are controlling or interpreting or deciphering vibrations through your physical senses, you still, most physical Beings, do not understand that it is a vibrational world that you are living in. Everything about your physical world is vibrationally-based.

And so, when you begin to understand that what you are seeing with your eyes is an interpretation of vibration, even what you hear, smell with your nose or feel with your finger tips or taste with your tongue, these are all deciphering of vibration. But then you say, “But, Abraham, I didn’t have to learn how to see. I just saw. I didn’t have to learn how to hear. I just hear. I don’t have to learn how to smell. I can smell without effort.” And we say, it is true. You were born with these decipherers already in place.

And you were born with another decipherer in place—it is called your emotions—that is the decipherer of this more subtle vibration. So that once you begin to understand that your emotions are telling you about vibration, then it begins to make sense to you that when we say, *what I think and what I feel and what I get are always a Vibrational Match*.

There are only two things that are really important for you to understand in order to be Deliberate Creators and they both are part of the same thing. There is a Stream of Energy that flows to you that some call God Force. We call it Creative Life Force. And everything that you are living has to do with this Stream. The two aspects of the Stream that are important to you to understand are: How much of the Stream am I summoning now in this moment, and of the Stream that I am summoning, how much of it am I allowing to flow through?

It is our expectation that as we chew in the hours that are before us today and tomorrow that you will come to a clearer and perfect understanding of what we mean by how much of the Energy am I summoning and of the Energy that I am summoning how much of it am I allowing to flow through. And we want you to know that your emotions tell you every bit of that. Your emotions tell you everything you need to know about that.

As you bang around in your physical experience in this contrast that we find delightful and you often find oppressive—this contrast that is the stuff that causes you to focus your desires—as you bang around in this contrast, the desire is always born out of it. In other words, out of your awareness of what you do not want comes greater clarity of what you do want. So the contrast provides desire. The desire is the summoning of the Life Force.

Remember we said to you, there are only two things you need to know about this Nonphysical Energy Stream, this Stream that creates life, this Stream that is life, this Stream that created your planet. Some call it God Force. It does not matter what label you give it. This Stream is accessible to you but it is never asserted to you. It is always summoned by you and it is

summoned by virtue of your desire. So the contrast gives birth to the desire. The desire summons the Life Force and your emotions tell you how strong the desire is. Or a better way of saying that is, how focused is your desire. How long have I focused upon this subject which *Law of Attraction* has acted upon which has made my desire bigger and bigger and bigger and bigger?

Anything you give your attention to continues to expand. So if you have a desire that you have focused upon purely, it is continuing to expand. Often, in fact most often, you do not focus upon your desire purely. So your desire does not really expand. What we mean by that is, often you say, “I would like this,” but then almost with the same breath of air you say, “But I do not have it.” And so, as you say, “I want it, but it isn’t here,” your desire is not focused purely. So it cannot become bigger. It is... When you give your attention to something and hold it in a pure vibration, it expands. It is almost like one part of your statement or vibration summons while the other part of it denies it or disallows it, and so it is not becoming more.

So what we are wanting to do as we chew together in the hours that are before us, we want to assist you in becoming clearer about what it is you do want, and our dialogue together will help you with that. But the most important thing that we believe we can help you with is in lowering the resistance around the subjects of desire that your life experience has already brought you to. What we notice when we interact with most physical friends is that through the life that you have lived, you have already done a very good job of identifying the desire. So you are already summoning Life Force, but you are often not allowing the very Life Force that your desire is summoning to manifest in your experience because your habit of thought or your belief—that’s what a belief is; it’s just a habit of thought vibration—is different from the vibration of your desire. It would be like having a song play on a radio station and your friend calls you and says, “Quick. Turn to 101.1 FM. It is the song I’ve been telling you about.” And even though you want to hear the song, you refuse to change your dial. It is being transmitted on one frequency, but you are tuning into another frequency. And it is literally that sort of thing that is happening with you often relative to some of the things you want. *Often your desire is one frequency and your habit of thought or belief is another, and since your belief dominates, your desire goes unfulfilled.*

So, we are talking about vibration because everything is about vibration. We are talking about frequencies because frequencies measure vibration. We are talking about emotions because emotions are like frequencies. They help you to monitor or measure the vibration that you are about.

There is no order of business here. Every subject is appropriate. Jerry said to you that there is no agenda other than having fun, and we would say to you that the desire that we bring to this co-creative endeavor is this: *We want you to remember who-you-are. We want you to recall that you are Creators. We want you to regain your place of desiring to be one who manipulates the Energy.* Just like the sculptor who molds the clay, you are the creative sculptor who molds the Energy.

But when you have desires that summon Energy that your beliefs don’t allow, your Energy beats up on you. That’s where most illnesses come from. That sort of situation where you’re summoning through some desire but your habit of thought denies it so there is a sort of short circuiting of Energy going on within you. We want to show you how to smooth out the Energy. We will use the word “align.” We want to help you align the Energy within you. When you align Energy within you, you feel better right away.

Many people have discovered that they can affect an alignment of Energy by deliberately diminishing desire. In other words, frankly, it is quite easy to bring your desire to the level of your belief and align Energy, and it does make you feel better. At least, it stops the panic attacks and the frenzies that are going on. But it is not the most satisfactory solution. Aligning your

beliefs with your desires is a much more satisfactory solution and every bit as simple to do once you get a few tools in your bag of tricks.

So as we are moving forward we are eager to talk with you about whatever is important to you. Don't worry about us. We will wedge our message in the cracks. Begin wherever you are wanting. Right here. And then there.

When hurt feelings are most familiar vibration.

Q Hi. I'm really glad we're all here. You said some things that made me get clearer on the question that I want to ask even though it's real scattered. I want to find out, or remember, who-I-am or what I came forth to be, which I think is have fun and be real loving. But for most of my life, I've fought depression and thought something was wrong with me and heard that from everybody.

And then, the last couple of years I was on medication and it finally subsided, but now I'm angry and there's a few people in my life that I really love. Like right now, I can feel pretty much caring for them, but when I have to interact with them, I created such an awful thing. With ex-husband, it's hateful and a sibling, a parent and people that sometimes, I think, well if I could just get away, but my life is kind of entangled. I can't really get away from these people. And when I get in the anger it's awful. Ooh, it takes me in such... I can't pull myself out.

I wrote a really cool scripting story. I have an eight year old son. For me and my son over the holidays, and I've done that for the last few years, and the holidays come out really good, and it was really beautiful, and I felt really good, and I'm sure it was over the 17 seconds. And then, when I went to reread it, the sabotage creation in me, that sabotages all my desires, came up again. And it was funny because I saved to read it to my son the next, but I got in a bad space again, I guess, because of the last vibration when I read it, and I couldn't read it and this paper has totally disappeared. But I remember it felt good when I was writing it, but then when I reread it I had doubts or whatever. And I don't want to be angry anymore. I want to be really happy, joyful, and just appreciate everything. If you could help me get back to that place. Lower that resistance.

A There are a number of things we want to say to you and we're going to give it to you in what we feel is the order of importance. The most important thing... And we are going to walk around this and through this in a few different ways because we really want you to get it. Don't be hard on yourself. You kept using words like, "sabotage" and you're taking full responsibility for what's happening in these relationships, and that's good because you can't control anyone else's vibration. But we want you to soften that anger at yourself a little bit when you hear us say, *Law of Attraction* is a very powerful thing. And when for whatever reason—maybe it's because you observed something in someone's behavior, maybe it's because you remembered something that you previously observed in their behavior—when you reconnect with those old feelings and those old thoughts, that vibration is now happening within you. Which means, those are the kinds of thoughts that you now have access to. You see, nothing is ever really absolutely dormant. Let's say...

You have heard us say that your relationships are eternal. Well, we would say to you every conversation that you ever had within every relationship is eternal. *Every thought you ever thought still exists*. In other words, every thought that anybody ever thought still exists. *It exists in what we call a Thought Bank*. Some call it Akashic records. It doesn't matter what you call it.

Every thought continues to exist. So, when for whatever reason, you set your vibrational meter to some signal, you now have access to all of that from your past, present, and even future.

Now, the thing that most people attempt which doesn't work... And we know you've done plenty of this, is you try to curb your behavior. You try to control through action. In other words, "I just won't get around that person or don't talk to me about that person. It always takes me into a bad space." But... And we know you know what we're going to say to you next because you said it to us just now. *You're vibration is where you last left it on every single topic.*

So let's say you take the subject of your ex-husband and you bring yourself to a better-feeling place about it. Now, you really will never go back to the vibration you experienced before provided you really found and stayed there long enough—17 seconds, 68 seconds, a minute or two or three... In other words, what you're wanting to do is make this new vibration that you found through your Focus Wheel, or through your scripting, you want to make that new vibration—and here's the key word for you—the most familiar vibration so that you go to it the most often.

Esther looked in her clothes closet the other day and was surprised to find a pair of wool slacks that she purchased some time ago still hanging there with the tag on them. And the reason it surprised her is because they've been hanging there right in front of her. They just were not the most familiar. In other words, she keeps reaching for the same clothes because they are the most familiar. All of these clothes in the closet and only a handful of them ever get worn—because they are the most familiar.

The reason that we're emphasizing this familiar is because as we talk about beliefs... *A belief is just a habit of thought. It is a habit of thought that you keep thinking, and so it is the most familiar.* We are trying to diffuse this idea of belief.

First, we want you to understand that you're not evil and you're not bad and you're not uncontrollable and you're not failing at your attempt at Deliberate Creation. *Law of Attraction* is just a really powerful thing, and you've got these habits of thought that are so familiar that they come to the forefront of your closet most readily. And in order to change that, you've got to take those pants out of the back of the closet. Take that tag off of them. Wear them. Put them in the closet in the front of the closet where you're going to see them until they work themselves into your wardrobe, or until they work themselves into your belief system in a more familiar way. You get the sense of what we are talking about?

You see, all of that time that you spent arguing and fussing with your ex-husband, over that period of time because of the situation and because of the things that he said to you, because of the observable things that took place, those vibrations became familiar—the most familiar. And they're going to stay that way until you make an effort to make another vibration the most familiar. You can't practice something like a conversation with someone two thousand times and then do a Focus Wheel for 68 seconds and expect that to be the most familiar. You see what we're getting at? And so, your desire as it peaks... And we can feel such a strong desire within you now. Now, this desire is so focused it will be easier for you to make those softer, nicer feelings the most familiar.

Now, we are going to give you something here. We said this to Esther last evening. Yesterday Esther was a little shaken because two people that she adores lied to her—both of them. And because they both lied to her—that's how she knew they were both lying is because they both told her something different about the same thing. And Esther said to Jerry, "I feel like someone hit me in the stomach with a softball. A very fast pitched softball." And so, as she was chewing on it trying to find her place within it, we said to her, "Esther, it is not for them that we want you to change the subject or find something different to think about. It is for you. In other words, we want you to *choose the thought that feels better to you because in choosing the*

thought that feels better to you, now you realign with the Energy of your Source, and you are back in business with your connection. ”

There is this tendency, and Esther stumbled across it yesterday, that goes something like, “If people would do right by me then I would feel good about them.” In other words, the circumstances must be such that I can feel good. So they need to behave differently. Well, you find out very quickly, especially when you are talking about something that has gone on for a long period of time. Nobody is going to change their behavior to make you feel better. It’s not their job. So, you have to make the decision, and we can feel you becoming very, very close to that decision, where nothing is more important than that you feel good. And we have noticed, it isn’t until nothing is more important than that you feel good, that you will make the decision that you are going to find the thoughts that feel better no matter what the circumstances say about it.

Q It makes so much sense and then I can... The habitual negative thoughts and patterns and things that my ex-husband’s done that even if I try to image in the future something I... Automatically, I go to the negative.

A We’re going to give you something here that will really help you. When you make a declarative statement and by declarative... You just made several of them. “This is hard to do,” or “there are so many negative thoughts I just can’t get past them,” or “my ex-husband he’s just been such a negative factor in my life for so long it’s hard to get past it.” A declarative statement is a declaration of what-is, and when you make a declarative statement about something...

Esther will say, “I love my life.” That’s a declarative statement that really serves her. Or, “Oh, I feel so good right now.” That’s a declarative statement that really serves her. But when she makes a declarative statement, “Someone I love has lied to me,” that’s a declarative statement. It’s a factual statement. But it does not serve her.

Now, what happens to *so many of you is that you come to believe that you should tell it like it is, and so you go around declaring what-is. But the problem with declaring what-is, is that it causes you, in the time of your declaration, to offer a vibration that is about the very thing that you do not want.* So you are offering a signal that is declaring and, in fact, asking for the very thing that you are not wanting. So when you catch yourself in the middle of a declaration that is about something you do not want, sort of choke on the words and laugh about it, and then turn your declaration. Instead of saying, “This is the way that it is and I hate it,” turn it into a request for something different.

Now, you’ve heard it said... We know you have and we say it often: “Ask, and it is given.” And we want to say to you that the asking is not the asking with your words. That’s not the asking that we are talking about. The “ask and it is given” that we are talking about is the asking that your vibration is doing. That desire that burns within you is asking. So even in your pain... In other words, even in your belief that you’re not getting what you want, or might not ever get what you want, your desire or asking is still within it.

And so, you are... In the most negative contrasting experiences there is strong asking as part of that vibration. If the asking could be pure and not couched in the belief that it will not happen, the answer would come to you right then. There is something about turning the negative declaration into a verbal asking that softens the resistance in your moment. The reason that we are clarifying this so is because we do not want you to think that we are saying ask with your words, and that’s the way you ask of the Universe. You’re always asking with your vibration. But when you ask with your words, it lowers the resistance which causes the asking that you are doing with your vibration and with your desire to now be satisfied.

So, for example, as you say truthfully and objectively and realistically, “This has been the hardest thing I have ever done to find positive thoughts about my ex-husband.” Hear that declaration and turn it into an asking: “Universe, help me to find some good things to think about him.” Or, “Universe, help me to remember the best parts.” Or, “Universe, help me to find other things to think about that replace that thought that is so dominant within me.” And in that moment, your vibration will shift a little.

Now, this Scripting that you are doing is a very good thing. And you know how you said you got yourself into a very good place. If we were standing in your physical shoes and we, like you, had a strong vibration that we—a strong, familiar vibration which is what a belief is—that we knew was not serving us, we would use two primary methods of shifting our Energy. One would be the Focus Wheel, and the other would be the turning the declarative statements into requests or asking. And this is the way it would play out in our experience.

Fifty percent of your success will come from the Focus Wheel process. Fifty percent of your success will come from the turning of the declarative statements that are negative into requests. The Focus Wheel gets a fifty percent share of success because even though you do them very infrequently, when you do them, they really shift Energy. The turning the declarative statement into a request or question gets a fifty percent share of your success because you can do a thousand of them a day. In other words, once you get the hang of this... And it’s fun if you have someone that you can play with about it.

Jerry and Esther have had a good time with that because it’s often easier to hear the other’s declarative statement than your own, and if you have someone playing with you... Jerry will just grin at Esther. In other words, he’ll hear her making a declaration of something he knows she does not want, and almost immediately, if she hasn’t figured it out for herself by the grin on his face, she figures it out, and then they will together try to figure out a way to request something different. It is a very powerful tool and before you know it you will have a different vibration that is the most familiar vibration. You see what we’re getting at?

You will hear much more as we are moving forward. We are appreciating your intensity about this. Nothing is more important than that you feel good, and we know you know that, but to know that you want to feel good and to be dogged by these thoughts that keep you from feeling good are... We know that it can be frustrating. We feel that from many of you. We know that you know that Creation is about thought, and we know that you all know that it’s better to think a thought that feels good than a thought that doesn’t feel good, but it is one thing to know that, or to say it, and it is another thing to actually apply it. And when you have familiar thoughts, familiar things that come out of your mouth, familiar circles of friends, familiar patterns of life style, there is so much that is familiar that it just keeps evoking these familiar vibrations. But, *one by one, you can change the vibration to be one that pleases you, and each time you do it, the entire Universe—the entire Universe—responds differently to you.* So your headway is really notable. It’s chartable. It’s discernible. Good. You’ll hear more. Yes.

All the way to the back.

What clothes would a natural Being wear?

Q You know, when I was young, and all through my life, I noticed that clothes make a lot of difference to people. I’ve watched when my children were young, and I didn’t have a lot of money, I watched them not want to wear jeans with holes in them to school because they felt like they weren’t enough. Now they sell these jeans with hole in them for \$75 a pair. Some dresses... Say, for instance, two women went with me and we saw one dress in a K-Mart and it was \$15,

and we went to a Dillards, or one of the better stores, and it was \$175. Some people would choose that dress rather than the \$15 one even though it was just the same. Now, what I want to know is, do clothes have vibrations, which I know they must, but it's kind of uncanny to think that somebody can take a dress that couldn't cost very much to make and sell it to some princess for a million dollars and yet the same dress can... I just would like an answer why different clothes have different vibrations?

A Well, you are asking many questions within this. We want to talk about it from several different directions, but let us start at the beginning here. Your first question was, "Do clothes have vibration?" And we say to you, everything has vibration. The reason that your eyes see one color different from another is because the colors have different vibrations and your eyes which decipher the vibration... That's why a person who is color blind cannot see the difference between some colors. It is because his ability to decipher is more limited. He does not have the ability to see the range of vibrations that others do.

Now, we are wanting to find the beginning place of this because what you are touching on, which is the primary issue within this, "How does a person feel when they are wearing the clothes?" It is more about the Vibrational Match of the individual. In other words, there are clothes that become the current fad of the teenage set that most of their parents would not be caught dead in. And yet, those are the clothes that they want to wear. Now, why is it? Is it because there is a vibration within the clothing? No. It is because they have decided to see a particular clothing as appropriate while they decided to see another particular style of clothing as inappropriate.

But what is at the heart of all of that is not the individuals response to the vibration. If it were that, you would all be dressing very differently from one another. It is that most of you offer your vibration about yourself based upon what is being reflected back to you as you look at yourself through the eyes of others. In other words, if you were a pure Vibrational Being...

This is a question that Jerry asks from time to time. What would a person, who was a pure, natural vibrating Being, feel about this or that or the other? And we say, if you were a pure Vibrational Being, you'd be very much like your babies are when they are very little. They care not about clothing at all. In fact, they are happier without clothing unless the elements leave them cold. In other words, if they are hot, they want their clothes not at all. If they are cold, they prefer the blanket around them. In other words, they think of clothing only in terms of comfort. And if you were purely a Vibrational Being who was not concerned about other people's opinion or response to you, you would choose your clothing in a very different way. But you've become people who, over much time of interacting with one another, base your feelings about yourself much more upon the responses that others are giving you. And that's why someone like... Some entity like the fashion empires or the people that are behind making the styles or the decisions about the fabrics that are chosen can be so influential in the lives of so many.

Q Because people are really asking, aren't they, for something in a way to make them feel better?

A We would say that the predominant vibration behind the choosing of clothing is not utilitarian. It's not functional, usually. It is more about approval. It is more about evoking a response from those who will see you.

Q That's why on days when you feel better, it doesn't really matter what you wear. Sometimes I'm so... The Energy's so.... I'm so tuned into all this Energy that I believe I could just run around naked.

A Well, you see, this is a very good thing to talk about because it is actually at the heart of what we are talking about here. We are talking about setting your own Tone. We are talking about making a decision about how you want to feel and then acclimating to that feeling by deliberately...

One day, not long ago, on an airplane Esther realized she was feeling the sensation of worry and she said, "I have not felt the feeling of worry in quite some time." In other words, it felt odd to her. And then, without spending any time trying to figure out what had caused it, she just thought because she had heard us right before that in a seminar even just a few days before say, "A mother cannot love her child and worry about her child at the same time. Love and worry are two opposite vibrations." And so, Esther extrapolated from that, "Well, then, worry and Well-Being are opposite vibrations." And so, then she said, "I choose the vibration of Well-Being. The vibration of Well-Being is the vibration that I choose here and now." And so, as she reached for the vibration of Well-Being, she actually felt her Energy shift. She actually felt the worry lift off of her just because she chose to feel that way. But it's really a rare person who has come to understand that they can manipulate their own vibration, manipulate their own feeling Tones—and that's what we call setting your own Tone. It's what we call making a decision about how you want to feel and then, by trial and error, choosing the thoughts that have that vibrational heart so that that is the way you feel.

As we said earlier, almost everyone offers their vibration in response to what they are observing, and one of the most important things that most of you are observing is how people are observing you. There is almost nothing that you are more aware of than how people are responding to you. Over time, you tend to want to conform. But it makes you nutty. In other words, who do you decide to conform to? Have you noticed, any of you who have teen-aged daughters, have you noticed that you cannot conform to their desires for dressing without getting yourself very far out of sync with something that you would choose for yourself? In other words, when you make a decision that you're going to change your behavior in order to evoke a response from someone that pleases you, you're in big trouble because there aren't two of them that would give you the same response over your behavior.

And so, that's why we say it is ever so satisfying to finally, once and for all, say it matters not what someone else thinks. It only matters what I feel. And if you start adjusting, not just your wardrobe, but everything about your experience, as you adjust it to the way it makes you feel, then you are becoming a Deliberate Creator who is setting your own Tone.

The other thing that you were talking about, about whether the garment is really worth the amount of money that they are asking for. Esther recently bought a very nice piece of clothing, and she and Jerry both commented on how extravagant it really is in the eyes of most people upon the planet. And Esther said, "I remember working on my very first job, and going to a department store and finding this beautiful garment that when I tried it on I really wanted it, and when I looked at the tag," she said, "the price of it was so far out of what I could afford that I actually felt angry that anyone would have the nerve to ask such a ridiculous price." Well, all that happened there was that she really, really wanted it. She found something that she really, really wanted that her current environment could not allow—her current set of circumstances.

Now, we want you to start with the premise that there is no waste. In other words, there is no waste and there is no lack. So what drives the economy anyway? In other words, what is economy? Economy is the exchange of human Energy. So, think about the total gross national

product of this nation a few years ago and think about the amount of people that were involved in it. What we are getting at here is, this Stream of Energy that we are talking about that is Nonphysical Energy, it is as expansive as the askers ask it to be, and so if you were to say... If you were the king of the world, let's say, and you were able to produce an edict that said, "It is inappropriate for any garment to be sold for over \$100," you would upset economy in the sense that what about the people who have aligned their Energy with wealth and have billions of dollars to spend. In other words, should they not be able to expend their dollars toward something? You get the sense of what we are talking about?

Q Yes.

There is enough Well-Being for everyone.

A So, a much easier stance... A stance that will serve you very well is, there is enough for everyone and this time/space reality is big enough to provide opportunity for all of us—any of us—to get anything that we want. In other words, there are the garments that satisfy all of us that are available and none of it is more appropriate than the other. It is all appropriate. And I will, as I bang around in the contrast, I will continually adjust my Energy meter, or my vibrational output, and then the Universe will help me gravitate toward those things that satisfy that.

In other words, it's a hard thing to hear that there is no right or wrong in any of it. In other words, the Nonphysical Energy, that which man has called God for a very long time, is not making those proclamations that this is appropriate and this is inappropriate. The way that it works is that you are in this time/space reality with the Energy that feeds all of it, the Energy that supports all of it, and any of you have the ability to create within this anything that your imagination can conjure. And so, if someone has the ability to conjure a dress that has the drawing power of a million dollars, it must be understood that that is a magnificent Creation, and it must also make you feel happy to know that only those that are Vibrational Match to wanting to spend a million dollars for such a garment would gravitate to the garment. In other words, no one else is being forced to do it.

Q It's all about not caring what other people... Being what you dare to be and not caring what other people think.

A It is really about setting your own Tone. It is about letting the measurement be, "How do I feel?" In other words, we will say to people, "Choose the thought, whether you are looking into the past, as with your ex-relationship, or at the present or the future, choose the thought that feels the best." And then, we will say, "Which feels best? To think of your mother at her time of thriving, at her time of feeling wonderful, at her time of interacting with you when you were having a wonderful time, or to think of your mother in her state of debilitation, in her state of discouragement or depression or sickness?"

[Jerry: This is the end of side A of this recording. Please turn the cassette over and continue with the message.]

A And they will say to us, "Well, Abraham, of course, that thought feels better, but you don't understand. My mother is sick right now. The reality of it is she is sick." And we say, yes, but that isn't the question we asked. The question we ask is, "Which feel better?" And you

struggle with that. You say, “Well, of course, that feels better, but this is reality.” And we say, what we are wanting you to do is to begin to understand that if you will let your criteria be “which thought feels better” and you will make your choices of what you give your attention to based upon the way they feel, not upon the one that’s the loudest, or the one that is the most real, or the one that is the most current, or the most present, before you know it, you will be surrounded with those things that are Vibrational Match to the thought that feels best. You can influence your mother to better health by remembering her in her wellness. You cannot vibrate for her. So her condition may not change. But the benefit to you is enormous by choosing the thought that feels better.

And so, what we are talking about here is realism versus creativity versus Creation. And you say, “Well, I think I should be more realistic.” And we say, then have at it. Look around. Offer your vibration about it. This very real life situation that you have brought forward here speaks right to the heart of this. In other words, “Am I going to try to please others, and if I am, how in the world could I ever do that?” You certainly couldn’t move from generation to generation and please them. You couldn’t move from social set to social set and please them. You couldn’t even move from culture to culture.

A man got off the airplane yesterday in Albuquerque and wearing a long flowing skirt. It turned out it had legs in it, but it was flowing, and he was wearing a long pony tail. And as Jerry and Esther... Esther had made eye contact with him on the airplane and had exchanged a very lovely smile. They were too far away... The plane was detained. They couldn’t get the ramp to come out and so they stood on the airplane quite a while. And so, there was a man standing far back and Esther was smiling at him. And so, Jerry and Esther commented about they were not certain if he was male or female, and neither one of them cared, but it was interesting to them that the way he was dressed, and the way he was wearing his hair, and his body characteristics, it was very difficult to know.

And when they arrived at the baggage claim, the young man who helped them with their bags said, “How about those pants?” And Esther smiled and said, “Yes, that she had noticed them.” And he said, “That’s a man, you know.” And Esther said, “I thought it might be.” And Esther could feel this young man was just appalled that anyone would dare go out in public dressed like that, and Esther smiled about it because he had got their attention. She did not come to any strong judgment about it, but he did get their attention with his rebellion. With his deliberate attempt at saying to everyone who would look at him, “Look at me, and think what you like, but I don’t care what you think.”

Well, there are easier ways of going about that. In other words, we think his attitude is a good one. We think it is wonderful to say, “Look at me. This is who-I-am and your opinion of who-I-am is not really important to me.” But we do not encourage the defiance about it. We encourage this subtle, glowing feeling of Well-Being, and it is something that most of you have to practice a bit. It would be a really rare one of you who would dress only for your own comfort.

Jerry and Esther went to a restaurant with friends in New York. And Jerry does not carry, ever, with him these days a jacket and a tie. He has left that far in his past. And so, this restaurant was requiring it, and so his friend brought a tie for Jerry to wear, and the restaurant provided a jacket. And Esther loved the way Jerry looked in his jacket and tie, and so next time they are at the department store, Esther is saying, “Oh, what do you think about this? What do you think about this?” And Jerry is saying, “I think I’d like to leave it right there where it is hanging.” And Esther is trying to convince him, “Oh, but you look so beautiful in it, and that is the way you were dressed when I met you, and that is the one I fell in love with. The one with the jacket and the tie, you know.” And Jerry is smiling and hearing it and not buying a jacket and a tie. In other

words, there's no possible way that he's going to let someone else influence him beyond what he is wanting to do. It is a very healthy state of mind, you see.

You have your own direct connection.

Q Well, I think that people are wonderful that dare to be who they want to be and I have always been somewhat of a rebel in that area. I've been talked about a lot but I don't really care because I think it's kind of fun to be different.

A Well, you cannot help but be different. You are all very different. But it seems that in your physical world... You see, what is at the heart of this, and the reason that we are really wanting to take the time to get everything from it that it is here for you is that at the heart of the message that we teach is letting the contrast help you to decide what you currently want and you offering a vibration that the *Law of Attraction* acts upon. In other words, the entire Universe conspires to satisfy your desire once you line up the Energy within you. But most people aren't even close to lining up Energy within them because they're so busy caring about what everybody else thinks about it, you see. And so, most of you are scattered all over the place with your Energy and it isn't until...

So what is the standard that you use? In other words, who do you please? How many times can you stand on your head to please somebody who wants something different from you, you see? And when you finally say, "There is one standard that I will use and that is the standard of alignment of my Energy, which means what I'm reaching for is that visceral feeling. I'm reaching for that feeling of alignment of Energy. I'm feeling on my vibrational meter. I'm feeling which do I prefer? Passion or depression?" Feel your way to the passion. "Which do I feel? Which do I prefer? Passion or peacefulness?" Feel your way to it, you see.

And when you decide... When you finally discover that the standard has always been inside of you. In other words, the measurement of how I'm doing right now has always been inside of you. It has always been your bliss meter. It has always been your joy meter. It has always been that emotion meter. Then you can let everybody else have whatever opinion they have about anything and you are finally, once and for all, liberated beyond your wildest dreams. The freedom that all of you seek is nothing more than that freedom from having to conform to someone else's standards so that they can be happy so that you can be happy. You see, often you blame it on them. "I'm having to please them and that's wrong." And we say, what's really wrong is that you have to please them before you can please you. That's what's at the heart of it, you see.

Q But then, I think you have to go the extra mile and not care if people ever praise you or not, either. Because...

A You see, it's not about not caring... It's about you... In other words, when someone praises you... Let's talk about this.

So, someone adores you and it feels good to you because in their adoration—in their praising or appreciation—they're open to Source Energy and they're flooding it all over you. That's how this whole thing got started to begin with. Someone adored you who was connected to Source Energy, flooded it all over you and you got hooked on it. You said, "Oh, I want that. I want that adoration. Therefore, I will stand on my head in as many different ways as I can to get

that adoration from as many people as I can.” But there’s a much simpler way. You don’t need someone else to connect you to the Stream. You have your own direct connection, you see.

Q That’s what I mean.

A And so, when you discover your own direct connection, now you are not held hostage by their opinions or by what they need from you. You’re just a joyful Being. And, often, you’re joyful and weird just like you are. Just like Esther is. In other words, Esther wants to be that way.

They were having dinner in a restaurant in Asheville recently and they were not very hungry, but they knew that they should eat, and Esther is eating very deliberately. And so, they split a meal and Esther just took a little bit of it onto to her plate, but she did manage to eat every single thing that she put on her plate. Everything. It looked as if she had taken her napkin and wiped her plate clean. And then she looked over at Jerry’s plate which still had food on it. And they were getting ready to leave and she said, “They’re going to think I’m a real piggy when they pick up my plate.” So she reached across and she got his garnish and she put it on her plate. And then she took some bread out of the bread basket and broke it up on her plate. Smeared a little of something that he hadn’t eaten on her plate. And she said, “I don’t care what anyone thinks, do I?” Now, she was having fun with all of it, but at the heart of it, it did occur to her that someone was going to pick up her plate and notice that they had never seen a cleaner plate. And so, she took action to keep that from happening. So, it turns out, she does still care what others think, but, like you, she is working on it.

Q Thank you.

A Indeed. Now what is it you are wanting to talk about? Here and then here. Yes.

Does her deceased grandfather participate on stage?

Q My grandfather died when I was very little and it was very hard on me. He was my only connection to freedom. My parents were involved in a very strict religious organization. My dad was a pastor and so my grandfather... He was my Santa Claus every Christmas and that was really the role he played. He died when I was 9 or 10 and I know it was a great loss, but after a while I kind of just forgot about it until very recently. Recently I have been doing a lot of work on stage and my parents, who I had a falling-out with, came and saw me one night, and my dad sat in the front row and cried and he said, “I could see grandpa. I could see Papa.” There is something that happens when I’m on stage where I feel like I’m totally not aware of my body. Not like I’m floating but I’m not aware of me. It’s something that just flows through me. It’s a very... My presentations are very humorous and lighthearted. People laugh a lot with the message underneath all of that.

A It is a melding of Broader Perspective. In other words, you are allowing your physical vehicle to express from a broader point of point than you ordinarily do, and it is very logical that the Energy, or essence of your soul, would project, too. Grandfather, too.

Q That was my question. At the time that he died he was just beginning... Well, he had been in the last couple of years, really, researching kind of a metaphysical understanding of life. He was really into the Napoleon Hill work and I managed to get some of his books. And what I

notice as I went back and started looking at all of that material is that it parallels a lot of what you teach. In fact, some of the earliest writings were new thought kind of philosophy that kind of came through right at the turn of the century and some of those writers... I made a list... Literally. We've been going out and researching all kinds of old books and some of those writers even use some of the same phrases that you use. Even the same kind of stories. I mean, not Esther stories. But the same metaphors or examples. Some of them almost word for word. So, I want to know how all of that happens and who my grandfather is in that process and where do I fit into that whole...

A Well, first, there are a number of things that we want to give you about this. And most of them you already know, but we'll speak them anyway for continuity here. As we are expressing to you here, we are not whispering words to Esther that she is then repeating to you. Instead, we are offering knowing. We do not... The language that we use is a language of vibration. And the best way for you to understand that is, it is the language of Energy or the language of vibration or the language of radio signal. So, Esther is receiving our block of thought and then doing her best to find words that best describe that. Now, if we were just giving her words that she were repeating them, we would be playing both roles. We would be playing the role of the projector of the thought and the interpreter of the information into your environment. But we are not playing both of those roles. We are playing the role of knower of the information or knower of the *Laws of the Universe*. You are playing the role of living the nitty gritty of the physical experience which is causing the question to be born. And Esther, in this case, or you, when you are on stage in that case, are the interpreter or the melding of the two. So, as Esther receives this block of thought or this block of knowing, now at an unconscious level she is reaching into everything around her, into the Mass Consciousness that surrounds her in this time/space reality and finding words and stories that match the vibration that she is receiving. And the longer she does this, the better she gets at it.

So it is logical that since you are all humans living in similar arenas that any who gets into that place where they are opening vortexes and summoning great clarity... In other words, these are people who have asked many, many questions or have put themselves in positions where many, many, many questioners could funnel their questions through them. So the question is being answered with a great deal of specifics or a great deal of intensity. And then the translator is just using whatever mechanism they can find to satisfy that.

We have all discovered that words do not teach. It is life experience that teaches. And so, the analogies... It is the reason that Jesus taught in parables. It is the... In other words, most true learning comes from that sort of association. And so, we would say you have hit upon something very true. This is not a new message. You keep calling it new thought even though it is very, very old thought. But we don't mind the label of new thought because it is continuing to expand into new arenas and it is continuing to become more. In other words, we are part of these movements that you are talking about. We were the Nonphysical Energy part of every one of those that you are discovering. That's why you're recognizing the vibration of them.

But they were never spoken as clearly as they are being spoken here, or even as they are being spoken through you. In other words, because you are out here on the leading edge having the benefit of all of that, and even though Esther has not read those books, or you have not read those books, as we were saying to our friend whether she ever writes this book or not, the fact that she has held those feelings, the fact that she has been this focal point in this time/space reality means that someday someone will have access to what she has lived and will be able to translate it in a very articulate manner because she is living is emphatically. You get the sense of what we are talking about? Did we answer your question?

Q Yes. So that... In other words, once that information is a part of the Akashic records then it just keeps being evolved further and further and further.

A It continues to vibrate there until something in someone's life activates it and brings it alive. And so, as you are here standing on this leading edge of thought and as you are living the nitty gritty of your life, it is the contrast of your life that produces the desire or the question within you that summons the response and it is not... You see...

Let us start in another place here. This is an important part of all of this. So here you are in this physical body focused in your time and space and all that has been lived before you in this time and space exists in some way. But it really doesn't have very much to do with you because as you came forth into your physical body, even though you've lived many of these lifetimes, you sat in the audiences, or been some of these people, that you are writing about here in your research. In other words, that's why you resonate so profoundly with so much of it. None of that has very much to do with what's here and now. What's here and now is producing the desire that is continuing the summoning.

But what is this time/space reality anyway? In other words, where we are, there is no space and there is no time. Which makes for more comfortable seminars, we might add. There's no stopping point. We can just ramble on and on and on, and we do. But what this time/space reality provides is a focal point. In other words, it provides continuity where large numbers of human creators experience similar enough conditions that there is some cohesiveness in the questions that you are asking. In other words, can you feel the focus that it provides?

Now, let's speak the opposite of that just for a moment so that you will come to appreciate what this time/space reality provides for you. Imagine all of the thinkers... Let's just talk about the human Beings who have lived on this planet and all of the experiences and thoughts that they have offered, not just in your generation or the last generation, but in all the generations. So, imagine the thoughts that must be moving about since all thoughts are eternal. None of them every go away. They continue to exist. So imagine what a network of thoughts those might be.

Now, think about the story that we told you about these people talking about a house and bringing that vibration alive and Esther somehow recognizing that and coming together. In other words, hold that as part of your understanding here. Now, imagine what it would be like if all of the thoughts that exist in this time/space reality were multiplied by a million or so which is a meager statement of what really is. In other words, if you knew all of the Consciousness and all of the physical and Nonphysical realms, it is... You do not have ways of measuring in terms of numbers the amount of transmissions and signals and thoughts that are abounding. That's why we say to you, "You set your Tone and let *Law of Attraction* take care of the rest."

So, with all of this maze, or network, of Consciousness that is timeless and immense, you said, "I want to be part of a time/space reality where there is some continuity to what we might focus upon. In other words, as we are here together, we have stayed pretty well focused upon one major subject even though you are coming at it from many different directions. And Jerry and Esther, through their seminars have managed to hold the subject rather well for a number of years, and that subject is expanding in a very dynamic way.

But imagine what it would be like if every morning when you woke up, you didn't recognize where you were and you didn't recognize what was around you. You were just floating in the immenseness of Consciousness and you could choose from any galaxy or from any incarnation or from any perspective. Imagine how little you would ever get done in terms of focusing and taking anything beyond. So this time/space reality that you are calling the Planet

Earth Experience was orchestrated from the Nonphysical where lots of thinkers over lots of period of time have created this environment where there is continuity which is—and here's the key word—the jumping-off place into that which is beyond. Certainly, there is much more than Planet Earth to experience. But you can't get there from nowhere. You have to get there from somewhere.

And so, what we are getting at here and what you are talking about here is the perfect foreground for helping you to understand that is that everything that is today could not be if it were not for that which was before. In your time/space reality where there is continuity, where there are so many things that you agree upon, there is still enormous difference in the intentions and beliefs that you bring, and that is all perfectly balanced and orchestrated from the Nonphysical Perspective because it is understood without the contrast... In other words, you have the ability as Creators to go anywhere that you choose. And many would say, "Well, then, why wouldn't I choose an environment where there is less contrast? Why wouldn't I go where it is always peaceful? Why wouldn't I go where everyone always agrees? Why wouldn't I have chosen a place where more people are in agreement about more things? Because that seems to be what the physical human quest is here. Let's get everybody to agree and then we'll live happily ever after in our peacefulness." And we say, you would never choose that from your Nonphysical Perspective because you understand that the contrast is the producer of the new desire which is the summoning of the new Energy which is what makes it all ongoing. So you said, "The perfect environment would be a place where there is continuity so that we have a jumping off place where there's just enough contrast to keep us wanting just beyond what-is so that we could maintain our balance, maintain our connection and take the next step."

So what we are getting at here is... You heard us say earlier is that all that genius is is attention to a subject. Well, some might say, "Is it possible... Are their genius in the Nonphysical that can contemplate many things simultaneously?" And we say, but they do not make more happen than the one who is focused in a time/space reality on one specific subject. And so, what we are getting around to with all of this is that there are many like you who come forth lifetime after lifetime after lifetime into the same or similar time/space reality wanting to pick up where you left off last time and this trail that you are tracing back is just that kind of trail. In other words, they are people—everyone of them that you have there—who have recognized that there was more who have not bought into what most people who are buying into who understood that there must be something more. Have gotten off to themselves where they have achieved connection with Core Energy and then have allowed in, just the way you described when you were on stage, that Broader Perspective to pour through them. Toward what end? Toward making the world a better place? No. Toward the satisfaction of the eternally ongoing moment. In other words, what's it all about? It's about an opportunity to have more joy. But is there a growth motive? In other words, are we doing this because we are wanting to expand? Not really, because we cannot cease expansion. In other words, we can't stop *Law of Attraction*. We can't stop the mechanism that makes it all continue to be.

So your discovery was really not a surprise to you, was it? In other words, as it kept falling into place... Jerry and Esther keep noticing that they keep finding themselves as part of another vortex that goes back and back and back and back in history and Esther will say, "But how can this be? How can I be finding those words when I've never read them?" And we say, because it is the same logical combination of circumstances and events. In other words, those analogies are the best analogies that you can draw from this very similar...

Jerry was reading a book that was written in the early 1900's, or even before, that was a spiritualist book that came from another country. And as he is reading, he would have thought that he was reading something about his now environment, except every now and again they

would mention dueling which hasn't existed for some time. In other words, the human experience is not that different. It is logical that the analogies that would be inspired would be similar.

Q So, my grandfather who is not physical at the moment...

A Yes. He's saying... Well, not in the truest sense of the word but you felt him pulsing through you? Yes?

Q Yes. If all of these people are part of my Energy genealogy...

A Yes.

Q So, I'm shared part of all of this?

A Yes.

Q I feel that also with him.

A Yes.

Q But he was a physical Being and had his own Consciousness...

A Yes. As did all of them.

Q Okay. So, there's a part of me that almost feels like, not that I'm connected to my grandfather, but almost as though we are one. We are the same or we... What is that?

A That is an interesting and sort of tricky thing to explain because in your physicalness, you keep wanting to see yourselves as separate, but truly it is all one Stream of Consciousness that is expanding into different arenas. And so, it is easier to understand if you think of Consciousness as being a Stream of Consciousness. In other words, when you think of Esther, you think of the physical Being and the physical personality that you have come to know. When you think of Abraham, you think of something different than when you think of Esther even though the Nonphysical Inner Being part of Esther is certainly part of the cluster, or the family, that is Abraham. But when Abraham pours through Esther, it is more than Esther, certainly, and it is more than Esther's Inner Being, certainly. So, it isn't a Steam, a singular Stream of Consciousness, that is being offered in answer only to this. It has the capacity to answer infinitely and expansively simultaneously.

Q Thank you.

A Is it possible that the same Energy that was in your grandfather is within you? Absolutely. Then some would say, "But, Abraham, we caught you. He wasn't dead before she was born. This must not be right." And we say, "It's not about being dead or alive. The same Stream of Energy can express itself simultaneously in many, and does, you see. Technically, and some speak it, we are all one, and that is absolutely accurate and yet hard to contemplate from your physical environment where you look around and see so many different Beings, different

clumps of flesh with what seems like different clumps of Energy with so much variety on what they desire or believe. And yet, it is that one Consciousness that is having the contrast for the purpose of creating the new desire for the purpose of expanding beyond.

Q My heart is very full. Thank you.

When persecutors die, are they then persecuted?

Q What my question is, is when Hitler, or these persecutors, die and they go on to this great place after death, or they go through the transition, is it a level field? Is it where everyone becomes the same clay again and it's up to them to decide in rebirth if they're going to create more of that same thing or would they come back creating something else? How...? The old question of heaven and hell. Does it exist?

A No. Not even close. Your heaven and hell... The closest thing to heaven and hell, you are all experiencing here. Here!

Q That's what's always been my belief.

A In other words, the closest thing to hell is finding some perspective that causes you to vibrate in a place that disallows your Core Energy. In other words, doubt and fear and that feeling of unworthiness or that feeling of... In other words, those awful emotions of pushing against you or someone else, that's as bad as it gets in terms of that hell that so many are talking about.

When you make your transition, without exception, into the Nonphysical, you leave behind all of your resistance. Which means all of your doubt and fear and anger and resistance, pushing against, blame guilt—all of that you leave behind. It is a physical anomaly. And you re-emerge back into the Pure Positive Energy.

We could not agree with your verbalization that it is a level playing field in the sense that all that is Nonphysical does not hold identical intention. But from your vantage point, as you are physically focused, the difference in the Energies of the Nonphysical would be indiscernible to you through your physical eyes. In other words, there are always differences. But it is not differences in the hierarchy that physical man assigns. It is differences in intent, differences in the degree of focus, the difference in the general desire and the specific desire. In other words, that is present in all realms, you see. It is not in the hierarchy that man assigns as in greater or lesser. It is just in the difference of perspective. In other words, the Nonphysical realm is a very diverse place in terms of focus or attention or perspective.

What we think you're getting at is, "Could someone come forth into a physical body and do as many terrible deeds as those who that have been understood or assigned to one such as Adolph Hitler, and when he re-emerges into the Nonphysical, does he find the same release and relief and exaltation as the one who has done their best to keep all the rules? And we say, yes. Now, that is upsetting to many physical Beings because you have counted on the afterlife to do the judging and punishing that you have not been able to affect in your physical realm as you try as you will to defy *Law of Attraction*.

The thing that you must understand about someone like Hitler, or any of those, who are doing these things that your society does not see as so terrible as they are happening. In other words, things far worse than that are happening on your planet today, and almost no one notices

or cares. But the thing that we want you to hear is that no one could stand in that role of Hitler of pushing against another and be connected to their Core Energy at the same time. In other words, those deeds only happen when physical Beings misunderstand who they are and why they are here and allow themselves to, little by little by little by little, get further and further from their Core Energy, and it is always in their disconnection that they lash out.

Think about it. *If all man understood Law of Attraction and if all man understood that the way I am thinking and, therefore, feeling, is my point of attraction, and that the more diversity there is the more opportunity I get to choose about the specifics of what I want. And once I've made that choice, as I align my Energy with that desire or with that decision, the Universe then can give me that. And that what I create has nothing to do with what anybody else is creating. If man understood that, then he wouldn't be so afraid of what others are doing.* But since so many, including Hitler, did not know that, believed instead that what somebody else does has a profound effect upon how I live, now I must feel guarded and protected about my life experience. And so, then I, whether I am a Hitler or the Pope or Mother Theresa... In other words, it doesn't matter how angelic or demonic you from your vantage point assign the label. In my fear that...

My desire is to have a good life. But my belief is that I cannot as long as these bad things that seem to be pervasive and invasive occur. Then the higher my standards are for living a good life, the more guarded and protective I must be at keeping the bad things out. And can you feel how this is the primary basis of the rules and laws that your world seems to be inspired to create? It is out of your desire to be in a good place that you push against what you think might bring you to a bad place, but the pushing against is what disconnects you from the good place. So the harder you push the worse you feel. The worse you feel, the harder you push. The harder you push, the worse you feel. Until something, like a Hitler, is created out of that Mass Consciousness. You get a sense of it? And when he dies, he experiences the same blissful relief that any of you do as you are released from that distorted human physical viewpoint.

It's an interesting thing. *Law of Attraction* has been understood in lesser and greater degrees from the time that man has been present. For example, as you begin to cluster in your groups for strength... In other words, so many, because they have not discovered how to connect individually to Core, find their strength in numbers. And so, then they say, "We are a group of power and strength and if you, you weak one out there without a group, want to be part of our strong group where we have protection, then you must keep these rules." And so, then man says, "Well, since my needs are great, I will keep those rules because my desire for safety is greater than my desire for freedom because the contrast has brought such fear to me that from that vantage point I now make that decision." And so, then you say, "I've kept these rules and good has not come to me in the way you promised it. And I see those out there not keeping the rules and good seems to come to them."

In other words, *Law of Attraction* defies the physical secular and religious laws and man is confused. "How is this so? I've kept all the rules and I have not been blessed and that person has kept none of the rules and he has not been punished." And then, they wisely say to you, "Well, you cannot evaluate from what's happening here. It is in the afterlife that the true rewards and punishments are given." And in the accepting of that distortion, most Beings lost their sense of being able to use their own Guidance System to guide them, because now they are told what feels good isn't necessarily and what feels bad isn't necessarily. In other words, you no longer have the ability to know for yourself what's right or wrong. "You must comply to our rules, and our rules will give you your reward or punishment in the afterlife."

And that's why so many are so disappointed when they find out Hitler is not being punished. His punishment was happening in his discord and in his un... But it was not a

punishment that was enacted or perpetuated by some great Being who doles out punishment. What distortion man creates as he tries to identify this powerful god that would make such laws. Man hasn't decided whether god is loving or vindictive or punishing. In other words, do you hear the words, "The fear of God?" How do those two words end up in the same sentence. This God that is only Pure Positive Energy. This Energy that is without resistance, how could such an awful label be given to that Energy? It is no wonder man is confused and doesn't know what to do. Whose rules and laws do you follow anyway? You can't agree on them. You move from sector to sector, from city to city, from society to society—all choosing different rules.

And so, when we say, you must find your vibrational meter within you and you must trust, then you say, "All right. I'm going to hate Hitler. I'm going to hate him for what he did." And we say, you have the free will to do that, but you find yourself right in the middle of your hate, and as you offer that hatred, even though it is well placed, you're vibrating there, which means *Law of Attraction* is responding to our point of attraction and you say, "So the worse..." The more you hate, the more bad things happens, and the more bad things happen, the more you hate, but the more you love the more good things happen. And then you say, "Well, I would love if someone would give me reason to love. Change the conditions and then I will love. I can offer very conditional love. If I see a lovely thing, I can love it. If I see a lovable thing, I can love it. But if I see something unlovable I don't feel love. So, that thing, whether it is a daughter or whether it is a Hitler or whether it is a government or whether it is a situation, if it's not lovable, I can't feel love."

And we say, then you're in big trouble. Because you are observing Beings who now, because you are controlled by the conditions you observe, now find yourself needing to do the impossible. You now need to control the conditions. But you cannot control the conditions. And so, very much like Rumpelstiltskin who just stomped his foot until he destroys himself... That's what you do as individuals and as societies. In your hatred, you disallow the Well-Being that would flow to you naturally otherwise, you see.

So then you say, "Well, then, I want to be the offerer of unconditional love," which means, "I want to be able to see an unlovable condition and I want to love anyway." You say, "How do I do such a thing?" And we say, that, dear friends, takes practice. It takes a determination to be in the vibration of love in order to love under any and all conditions. We said to Esther, "Don't love them because they're lovable. Don't love them because in their action they even deserve your love. Love them because you deserve to love. Love them because if you don't love you cannot be who-you-are. Love them for your own survival," you see.

So one like Hitler... And there have been many. Many who you do not know. Some that you know personally that are every bit as much in the vibration of that as he was. They are those who need, more than any, your love, you see. But don't love them because they need it. Love them because it is the only way you can be who-you-are.

Q Thank you.

A Indeed.

El Paso, TX Workshop Closing.

We have enjoyed this interaction immensely. It is wonderful to come together with Deliberate Creators. Be easy about all of this. We, together, make too much of it. In other words,

just get happy and stay there. That's all. Look for those things that feel good and hold them in your vibration until they are familiar so that anything other than that feels odd.

There is great love here for you. We are complete.